



# PUTTING PEOPLE FIRST



## Transforming social care services throughout Nottingham City

Putting People First is our transformation programme for adult social care in the City and we need your help.

### Why do we need your help?

Only by working together can we shape services that:

- ⦿ provide early support so that you can get that essential “little bit of help” to stay independent
- ⦿ make information about local services and organisations easier to find
- ⦿ link you to local support networks
- ⦿ give you more choice and control over your own support, through having a ‘Personal Budget’.

## What is Self-Directed Support?

Self-Directed Support is a key part of the Putting People First programme. It gives people who are eligible for Council-funded support the option of deciding how the Personal Budget for their care is spent.

## What is a Personal Budget?

This is the amount of money that you are entitled to for your care and support following an assessment. The money may be received as a Direct Payment (so you can organise your care and support yourself) or an Indirect Payment (where it is organised on your behalf). You can choose to spend your Personal Budget on the type of care and support you think will work best for you. A broker can help you find out what support is available for you and put your plan together based on your needs. They will also provide advice and guidance on how to manage your Personal Budget.

**Nottingham City Council is phasing in Self-Directed Support. This will be fully available across the City by 2011.**

**For more information and to find out how you can benefit:**

Call: **0115 883 8460**

Email: **[puttingpeoplefirst@nottinghamcity.gov.uk](mailto:puttingpeoplefirst@nottinghamcity.gov.uk)**

Visit: **[www.mynottingham.gov.uk/puttingpeoplefirst](http://www.mynottingham.gov.uk/puttingpeoplefirst)**

Facebook: **Sign up to be a fan on the Putting People First page**

## How to get involved

We are looking for service users and carers in the community to tell us what you think about care and support services and how we can improve things for you. To get involved call 0115 876 2552.

